



## AESTHETIC FLAT CLOSURE

A type of surgery that is done to rebuild the shape of the chest wall after one or both breasts are removed. An aesthetic flat closure may also be done after removal of a breast implant that was used to restore breast shape. During an aesthetic flat closure, extra skin, fat, and other tissue in the breast area are removed. The remaining tissue is then tightened and smoothed out so that the chest wall appears flat.

## TALK TO YOUR SURGEON

- Have you performed aesthetic flat closure? Can I see images of your results?
- How many surgeries will it take to accomplish an aesthetic flat closure for my body?
- Will my treatment impact my surgical results in any way?
- What are the risks compared to other reconstructive options?
- What type of scar will I have, and why?
- If explanting: will concavity be an issue? And will I need fat grafting to fix it?

### Notes:

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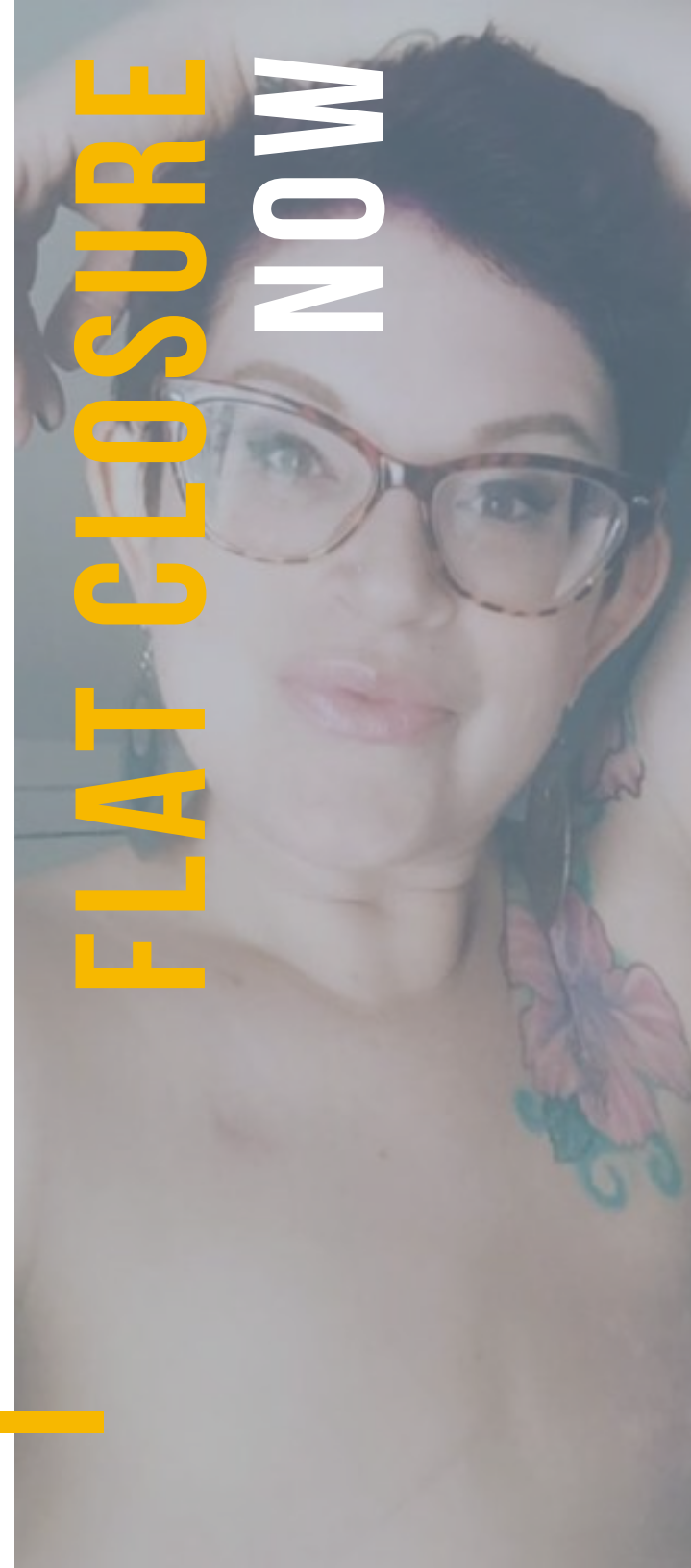
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[www.flatclosurenow.org](http://www.flatclosurenow.org)



@flatclosurenow

FLAT CLOSURE  
NOW





”

I saw myself truly  
beautiful for the first  
time.

~ Tawny

”

I still love myself.  
I'm still beautiful.  
I'm still sexy.

~ Shay

”

Looking in the mirror  
after my explant, I  
felt like "me" again.

~ Sondra

**You can't order something that's not on the menu. The  
reconstructive decision is one that all mastectomy patients face.**

**Flat Closure Now has worked hard to help #putflatonthemenu.  
Aesthetic Flat Closure is thankfully being discussed alongside all  
types of breast mound reconstruction and patients can now make  
the choice that's right for them! Has your surgeon  
#putflatonthemenu?**

## OUR MISSION

### To Create

meaningful, inclusive aesthetic  
flat closure resources and  
visuals

### To Support

patient needs before, during  
and after going flat

### To Illuminate

vital mastectomy stories and  
projects



*Happiness looks gorgeous on you!*